

Navyug Kanya Mahavidyalaya, Lucknow
Monthly Mentor–Mentee Progress Report
Reporting Period: January – February 2026
Target Group: Undergraduate Students (Arts, Commerce & Science)

Overview

Mentor–mentee interactions during January–February 2026 focused on academic guidance, emotional support, communication improvement, and career awareness for undergraduate students. The mentoring approach remained student-centric and helped identify learning gaps and personal concerns through group meetings and individual counselling. Students were encouraged to share their concerns openly, and regular follow-up was planned wherever required.

Major Strengths Observed

- Satisfactory academic engagement across programmes.
- Positive teamwork and participation in group and co-curricular activities.
- Active involvement in skill-development and institutional programs.
- Generally disciplined and motivated student behaviour.

Problems Identified

- Difficulty in understanding some subject concepts and technical English terminology.
- Continued dependence on bilingual (Hindi–English) explanations for better comprehension.
- Low confidence in public speaking and hesitation during presentations among some students.
- Confusion regarding career choices reported by a few students.
- Limited availability of some recommended books in the library.
- Irregular attendance observed in certain cases; reasons were varied, including family responsibilities, engagement in part-time work or external training, personal commitments, and time-management challenges.
- Difficulty in maintaining concentration for longer study periods in some cases.

- Mild self-doubt, anxiety, and emotional sensitivity reported by a few students, while some attended sessions mainly for routine interaction without specific concerns.

Suggestions / Action Points

- Continue bilingual academic support while gradually strengthening language proficiency.
- Organize short discussions and extempore sessions on varied topics to improve confidence and expression.
- Provide structured career counselling and career-awareness programs.
- Prepare simplified notes and concept summaries for difficult topics.
- Improve library book availability and promote use of e-resources.
- Monitor attendance regularly and counsel students showing irregularity.
- Provide guidance on time-management and study planning.
- Continue one-to-one mentoring and motivational support to build confidence and emotional resilience.
- Maintain regular follow-up meetings to review student progress and provide alternative support where needed.

Overall Status

The mentor–mentee system is functioning satisfactorily and contributing positively to students' academic progress, confidence building, and career awareness across Arts, Commerce, and Science streams. Continued focused interventions in communication practice, attendance monitoring, emotional support, and career guidance are expected to further enhance student outcomes.



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